

EMPOWERMENT CLUBHOUSE

Impact Report 2025-2026
Fellowship ~ Hope ~ Opportunity ~ Recovery





This Impact Report is Dedicated to;

“More than a place to belong—a community where possibilities become opportunities.”



EMPOWERMENT CLUBHOUSE

Fellowship ~ Hope ~ Opportunity ~ Recovery.

Proudly Serving Marin City and Marin County, California Since 2017

The Marin City Community Development Corporation (Marin City CDC) is 501(c)(3) nonprofit EIN #94-2657360 is the auspice agency for the Empowerment Clubhouse Program. Marin City CDC is CARF.org Accredited.. For more information please contact the clubhouse at (415) 339-2843 or visit www.marincitycdc.org/empowerment-clubhouse



Greetings Friends,

Since 2017, Empowerment Clubhouse (EC) has been more than a program—it has been a community of belonging, purpose, opportunity, and hope. Empowerment Clubhouse provides a safe, welcoming, and supportive environment where adults living with mental health are recognized for their strengths, talents, and potential. Through the Clubhouse Model, Members work side-by-side with staff, build meaningful relationships, develop skills, pursue employment and education, access housing and community resources, and strengthen their overall health and well-being.

At the heart of our work is a simple belief: everyone has something valuable to contribute. Members are active participants in their recovery and in the daily operation of the Clubhouse, building confidence, independence, social connection, and a greater sense of purpose. The Clubhouse Model is a community-based psychosocial rehabilitation approach supported by a growing body of research and focused on helping people living with mental illness achieve meaningful, personally satisfying lives.

Global Clubhouse Impact

We are proud to be part of Clubhouse International's growing global network of more than 370 Clubhouses in 32 countries. Around the world, Clubhouses create opportunities for employment, education, housing, wellness, friendship, and community while helping reduce the social and economic isolation too often experienced by people living with mental health. Being part of this worldwide movement strengthens our commitment to expanding opportunities locally and ensuring that individuals in our community have a place where they are welcomed, valued, needed, and supported.

Looking Ahead

As Empowerment Clubhouse continues to grow, so does our responsibility to reach more people, strengthen our programs, deepen community partnerships, and create pathways to healthier, more independent, and fulfilling lives. The pages of this 2025–2026 Impact Report tell more than a story of programs and numbers. They represent people, relationships, accomplishments, second chances, and lives transformed.

With the continued support of our Members, families, staff, Board of Directors, funders, employers, community partners, and friends, we are building a stronger and more inclusive community where no one is left behind. Together, we are creating opportunity, strengthening community, and changing lives.



Christina Junker

Executive Director, Marin City CDC, Empowerment Clubhouse Auspice Agency

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WHAT IS CLUBHOUSE?



Empowerment Clubhouse is a community-based mental health program that provides adults living with mental health a welcoming place to build relationships, develop skills, pursue employment and education, strengthen wellness, and work toward greater independence.

Members and staff work side-by-side through the Work-Ordered Day, sharing responsibility for the daily operation of the Clubhouse while building confidence, purpose, connection, and a sense of belonging. Members voluntarily choose to participate in Clubhouse activities. Their involvement is based on choice, belonging, skill-building, and meaningful engagement in the Work-Ordered Day.

Empowerment Clubhouse is part of Clubhouse International, a global network of more than 370 Clubhouses in 32 countries supporting over 170,000 adults each year.

The purpose of the Clubhouse Model is to reduce social and economic isolation and create meaningful opportunities for recovery through employment, education, housing, wellness, friendship, and community participation.



Clubhouse International
Creating Community: Changing the World of Mental Health

VISIT



*“Does the Clubhouse deliver? We now have over a half of century of research, with more than fifty studies, demonstrating that Clubhouses reduce unemployment, reduce or delay rehospitalization, and improve health outcomes at a lower cost..... This model is not only the origin of recovery, it could be the future where people, place and purpose become the foundation for mental healthcare”. - Thomas Insel, MD, (Director National Institute for Mental Health 2002-2015 and author of *Healing: Our Path From Mental Illness To Mental Health*, 2022).*



Empowerment Clubhouse Members

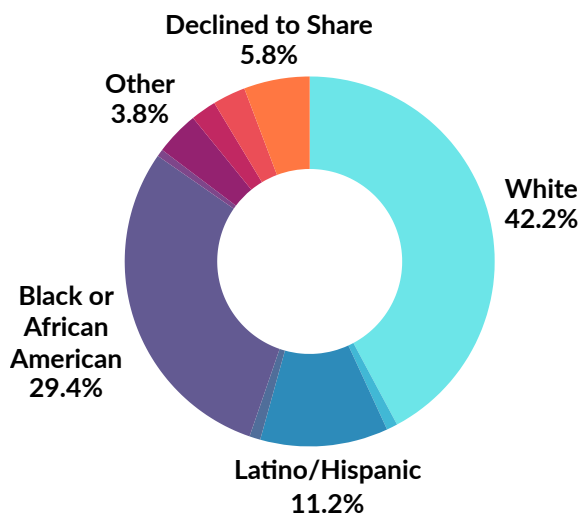


Clubhouse Members

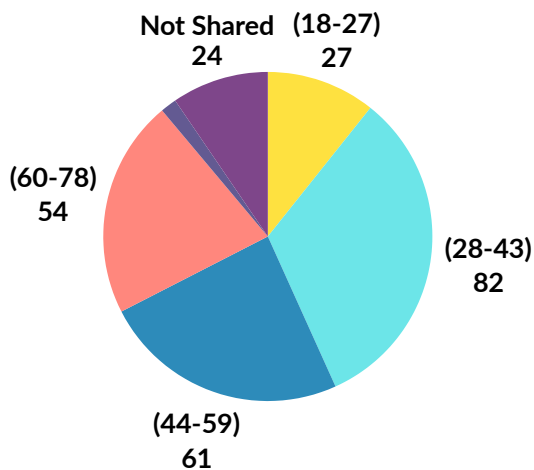
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As of 6/30/2026

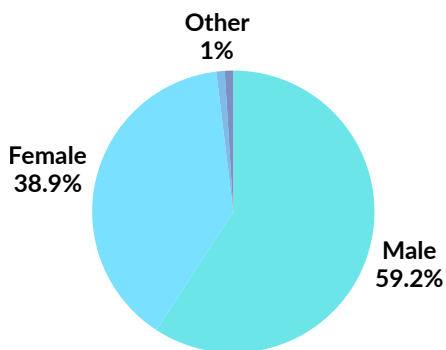
Ethnicity



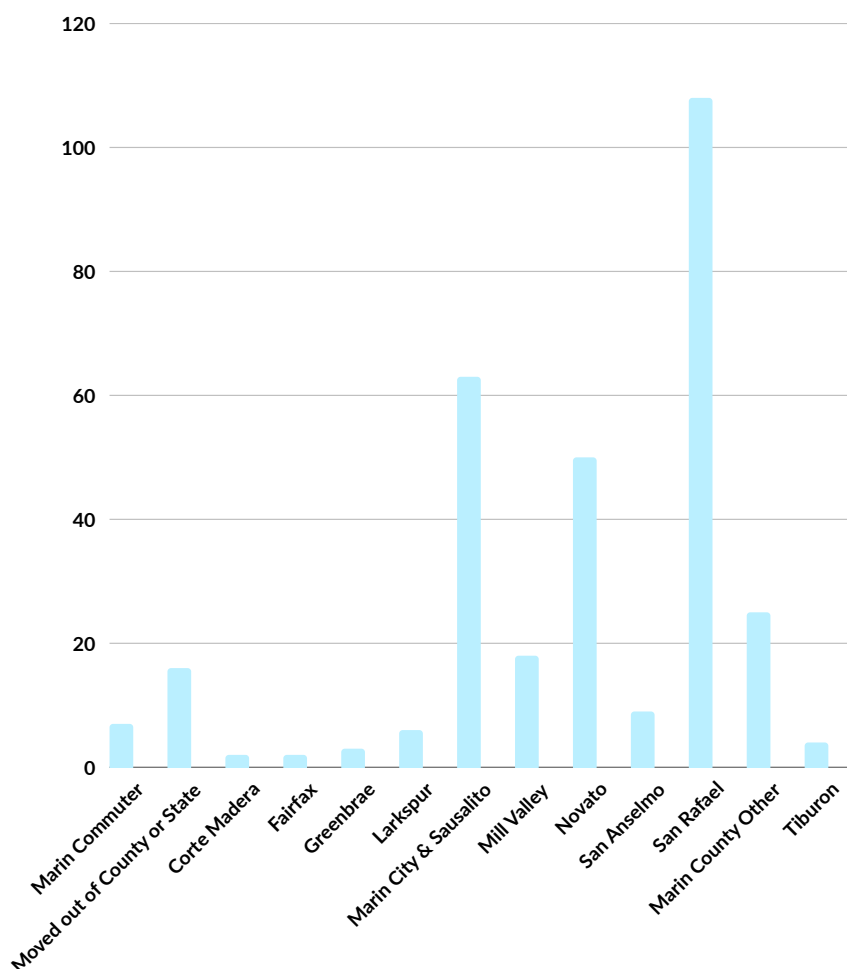
Members by Age



More than 1 in 4 Empowerment Clubhouse Members are young adults ages 18-35.



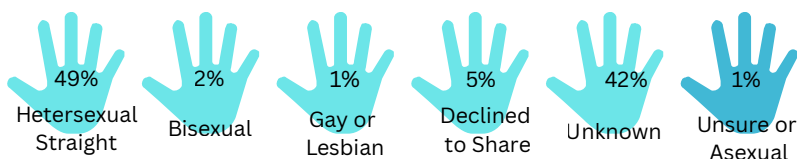
Members by Area



Clubhouse Proudly Serves 10 Veterans



Members Sexual Identity



From Our Members



"I enjoy the clubhouse because of the amazing, wonderful people I get to work with. I also enjoy learning new skills. It's nice to be part of a community."-NB



"I have become a better cook since joining Empowerment Clubhouse. Being a part of the culinary program gives me the opportunity to cook a wide variety of dishes..."-AN

"MCCDC has helped me embrace my flaws and even be proud of others. I was welcomed with open arms and lots of love. The support I have received from the clubhouse and its members has been life changing. I have a sense of purpose and accomplishment. I feel I have something good to offer to my community and to myself. I care about the outcome of my peers and I hope my contributions here will make the life of someone else to be better just as it has changed mine. I will remain forever grateful...I love you all."-SA, Client Referred to Clubhouse

"This non profit has helped me and my family. I now have a stable job and a place where I feel safe and appreciated at the club house."-EC Member



"I will be able to start putting my life back together and also give back to the community."-DA

"I have only been coming to the Empowerment Clubhouse for a short time, but the staff and members have been friendly, welcoming, and helpful. I feel comfortable being here. The daily lunch is also a great benefit because I do not have to worry about planning lunch as part of my day at the Clubhouse. It makes it easier for me to come in, participate, and spend time with the community.

I especially appreciate the morning meeting, where members and staff come together to review the day, discuss priorities, organize activities, and decide how everyone can participate in the work of the Clubhouse.

Being included in the planning process helps me feel empowered and reminds me that my ideas and contributions matter. I am still new to the Empowerment Clubhouse, and I know my experience will continue to grow over time. For now, I feel hopeful and believe this can become a positive and supportive community for me."-BZ

"This is helping me build a career and a second chance in liife."-ED

BUSINESS UNIT-Skills, Wellness, & Career Corner

The Business Unit provides Members with opportunities to build practical workplace, communication, wellness, leadership, and career-readiness skills while contributing to the daily operations of Empowerment Clubhouse. Members voluntarily choose how they participate and work side-by-side with staff based on their interests, strengths, and goals.

Communications & Marketing

Members help support Clubhouse communications through social media, flyers, newsletters, photography, outreach, special projects, and community messaging. These activities strengthen digital literacy, creativity, teamwork, and professional communication skills.

Business Administration

Members gain hands-on experience with clerical and administrative activities such as filing, data entry, QuickBooks, organizing materials, answering phones, preparing documents, enrollment support, and other day-to-day office functions. Participation helps build confidence, organization, responsibility, and transferable workplace skills.

Health & Wellness

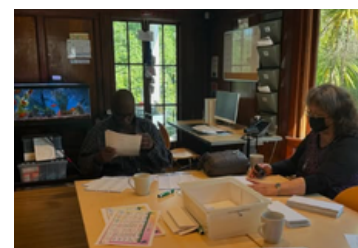
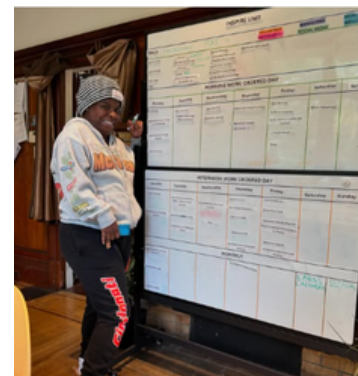
Members participate in activities that promote overall well-being, healthy routines, stress reduction, movement, self-care, and connection to community resources. The focus is on supporting Members in building habits that contribute to a healthier and more balanced life.

Recreation & Volunteer

Recreation and volunteer opportunities help Members build friendships, reduce isolation, strengthen social connections, and remain active in the community. Members may participate in outings, events, celebrations, volunteer projects, and other activities that encourage engagement and belonging.

Career Corner

The Career Corner supports Members as they explore employment and education goals. Members can receive assistance with résumés, job searches, applications, interview preparation, workplace expectations, career exploration, referrals, and connections to employment and educational opportunities. Together, these areas make the Business Unit a place where Members can learn, contribute, connect, build confidence, and prepare for their next opportunity. Members may receive referral to Marin City CDC and State of California Department of Rehabilitation Program.



Let's Get SOCIAL!



Empowerment Clubhouse offers evening and weekend opportunities so Members can stay connected beyond the traditional Work-Ordered Day. Through supportive groups, social activities, wellness conversations, and virtual gatherings, Members have additional opportunities to build friendships, reduce isolation, strengthen communication and life skills, and enjoy a sense of community. These flexible options help make Clubhouse engagement more accessible for Members with work, school, family, or other daytime commitments.

Evening Energy Exchange
A supportive end-of-day group session

Wednesdays & EC Calendar for Special Days!

Join us for reflection, conversation, and connection as we practice empathy, communication, and simple self improvement skills in welcoming group setting.

- Thoughtful Group Questions
- Life Skills & Self Improvement
- Empathy & Communication
- Simple Role Play Activity
- Build Social Skills, Good company, Career Talk !

"These groups have become an important part of my week. I can connect with people who understand, talk through what I'm feeling, laugh, learn, and leave feeling more hopeful and supported."-SH

"The role-playing acting in character is fun! I never thought I would enjoy something like this."-JC

Sundays

Join us LIVE!
Empowerment Clubhouse Members!
Let's Start Our Week Together.
Check with Clubhouse for Weekly Topics
Building Connections and Community
Weekly Goals | Health & Wellness Group and & Planning
Sundays 3pm-7pm
Use Clubhouse Zoom Credentials.

Clubhouse Calendar

COFFEE & GOOD COMPANY

SATURDAYS
START FROM 10 AM - 11 AM
CLUBHOUSE MEMBERS PLEASE SIGN UP BY FRIDAY

MARIN CITY CDC
441 Drake Ave Sausalito CA 94965



Career, Education, and Community Resources

The Career, Education and Community Resource Referrals help Members explore possibilities, build skills, and take meaningful steps toward employment, education, and greater independence. Members voluntarily choose to participate and work side-by-side with staff to identify career goals, explore training and educational opportunities, strengthen workplace readiness, and connect with resources that support long-term success.



Fiscal Year 2025-2026 Career and Education Activities



- 7 Members in Supportive Employment/7 Members in Transitional Employment
- 15 Members Participated in Marin City CDC's Construction Trades Program
- 3 Members obtained California Driver's License
- 2 Members enrolled at the College of Marin and 1 Member at Dominican University
- 28 Members shared justice involved past; referred to Clean Slate Program
- 79 Members were referred to Empowerment Clubhouse from Marin City CDC (approved service provider) for State of CA DOR program.



48 Active Job Seekers (seeking meaningful and self-sustaining employment)

3 Members are employed and seeking better jobs

20 Members hired with reduced and no dependency on public benefits

Through hands-on guidance, encouragement, and real-world preparation, Members build confidence, recognize their strengths, and develop the tools needed to pursue meaningful employment and education. Every career journey starts with an opportunity—and the Career & Education Corner helps Members take the next step.

Transitional Employment Partners, Supportive, and Direct Employment

Thank you to our community Employment Partners who support our Members seeking gain meaningful employment. Contact clubhouse today to learn more about this program!



Marin City Community Development Corporation, the auspice agency for Empowerment Clubhouse, is an approved vendor of the California Department of Rehabilitation (DOR). Through DOR services, eligible individuals may have access to employment support, career preparation, job placement services, and potential paid work-based learning or work experience opportunities, when authorized. Contact Empowerment Clubhouse today to learn more about available employment referrals, resources, career pathways, and opportunities designed to help you prepare for and obtain meaningful employment.



Culinary Unit



The Culinary Program gives Members a hands-on opportunities to build practical life, wellness, and employment skills in a supportive, team-based environment. Members voluntarily choose to participate and work side-by-side with staff to plan monthly menus, shop for ingredients, prepare and serve healthy meals, manage food costs, and support the daily operations of the EC Café.

Through these activities, Members strengthen skills in budgeting, meal planning, food preparation, teamwork, organization, and customer service while promoting healthy eating and overall well-being.

Culinary Members earn their Food Handler's Training Certificate, helping prepare them for employment opportunities in restaurants, cafés, catering, hospitality, and other food-service settings. For some Members, their Culinary Program experience becomes an important pathway toward future employment.

Participation creates opportunities to build confidence, reduce stress, connect with others, and experience the satisfaction of contributing to the Clubhouse community.

Bon Appétit!



Don't Miss the EC Chefs, Weekly Safety Meetings, new Cappuccino Maker, and Preparation Mondays!



Cooking often involves sharing meals with others, fostering social connections and reducing feelings of isolation. This social aspect can significantly enhance emotional well-being

EC Café & Store

The EC Café is growing! Members and staff work side-by-side to manage all aspects of café operations, including training, shopping, stocking, cleaning, making coffee, menu planning, customer service, and operating the register.

Members have opportunities to build practical workplace skills, strengthen confidence, and gain hands-on hospitality experience. Barista training certificates are also available for Members interested in developing additional skills for employment in cafés, restaurants, and other food-service settings.

The Café provides Members with meaningful opportunities to practice teamwork, customer service, money handling, food service, and daily workplace responsibilities in a supportive environment. For many Members, this experience becomes an important stepping stone toward employment in cafés, restaurants, and other hospitality settings.

The EC Store creates another hands-on opportunity for Members to build skills in retail, inventory, merchandising, customer service, money handling, and small-business operations. Members and staff work side-by-side to operate the Store, providing real-world experience while building confidence, responsibility, and employment readiness.

100% of proceeds benefit the Empowerment Clubhouse Program!

Stop by, check us out, and see what our Members are creating!



GARDENING...Calling all Green Thumbs!

Garden Program

The Garden Program provides Members with a welcoming, hands-on space to connect with nature while building skills, confidence, and healthy routines. Through gardening activities, Members can reduce stress, stay active, and develop practical experience in planting, watering, harvesting, tool use, groundskeeping, and environmental stewardship.

Members work side-by-side with staff and one another, strengthening teamwork, responsibility, and a sense of accomplishment while supporting the beauty and sustainability of the Clubhouse grounds.

The program also introduces Members to potential career pathways in landscaping, gardening, groundskeeping, facilities maintenance, horticulture, and related environmental fields. Thank you Marin County Parks FARE Measure 8 Grant for making this work possible!

Growing plants, building skills, and creating opportunities—one garden at a time.



This hands-on program provides Members with healthy and safe gardening skills, planning, self-sufficiency, and the satisfaction of hard work. Improves mental and physical well-being.



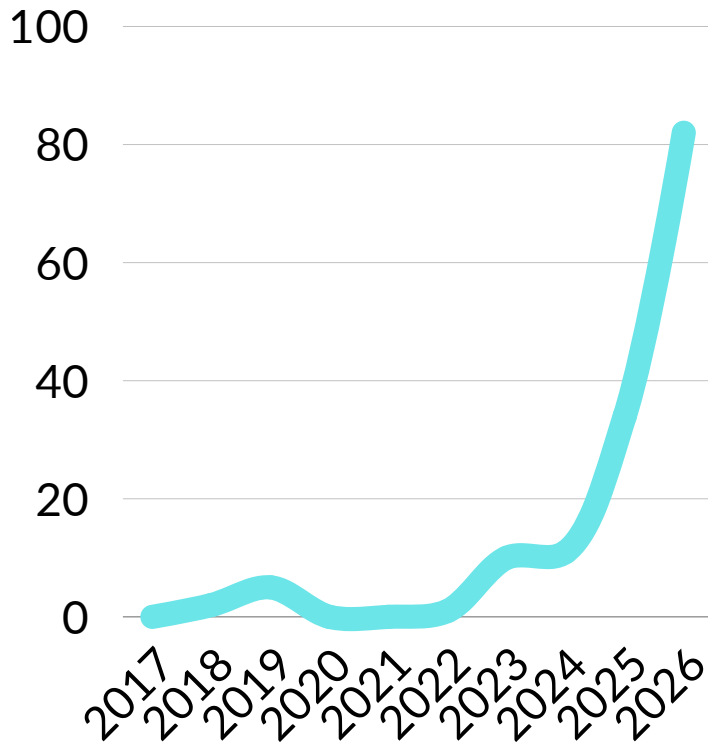
Monday and Friday Garden Planning.

YOUNG ADULTS-Building Skills. Creating Connections.

Planning for the Future.

[DONATE](#) ❤️

Young Adult Membership Growth as of 6/30/2026:
82 Members



Young adults ages 18–35 are an essential part of the Empowerment Clubhouse community. Through intentional outreach, welcoming activities, and meaningful opportunities to participate, we help young adults build connections, strengthen life and career skills, and become actively engaged in the Clubhouse. Early engagement can create a stronger sense of belonging, reduce isolation, and connect young adults to education, employment, wellness, and supportive community resources.



Transportation, Housing, and Services

Wheels and Community Engagement!

Clubhouse Members and Staff are experiencing the freedom and benefits of public transportation! Learn how to confidently use public transportation with the help of traveling partners! Get help planning your route to work, play, and shop...and learn about incentive/reward programs in Marin County.



**marin
transit**



**marin
access**

MAKING YOUR TRAVEL EASIER WITH EXPERT ADVICE



Calling ALL Members needing help with using public transportation. Join the Transportation Program and learn how to ride the bus, ferry and trains with ease. As well as exciting travel programs in Marin County! Check-in during the Work Order Day or Calendar for educational trips.

For Assistance call the Travel Navigator Team at
(415) 454-0902 or email
travelnavigator@marinaccess.org



Housing Support and Other Referrals and Services Available

Clubhouse Members work together for local transportation resources and programs! Stop by today and let's clubhouse help you get to your destination.

Have an Emotional Support or Service Pet? Come check out our mini Pet Condo and outdoor area at clubhouse!



Need a ride up the hill? Call the clubhouse from the bench at the entrance for a smooth and enjoyable ride!

Did You Know?



Clubhouse International

Creating Community: Changing the World of Mental Health



Conrad N. Hilton
FOUNDATION

HILTON HUMANITARIAN PRIZE

awarded the 2014 Conrad N. Hilton Humanitarian Prize for extraordinary contributions toward alleviating human suffering.

~170,000

PEOPLE ARE REACHED

each year from 370+ Clubhouses in 31 countries

42%

EMPLOYMENT RATE

employment rate at Accredited Clubhouses annually – double the rate for people in the public mental health system



MAXIMIZING DOLLARS

One year of holistic recovery services are delivered to Clubhouse members for the same cost as a 2-week psychiatric hospital stay



REDUCED INCARCERATIONS

Criminal justice system involvement is substantially diminished during and after Clubhouse membership



FEWER HOSPITAL STAYS

as a result of membership in a Clubhouse program.



The Community Effect in Reducing Loneliness

58% of members who initially identified as lonely were found to be less lonely. Overall, Fountain House membership cut loneliness by an average of 22%.

Fountain House



Beyond Treatment, How Clubhouses for People Living with Serious Mental Illness Transform Lives and Save Money

Episode 9: A conversation with Fountain House

Heart Forward LA / May 24, 2024



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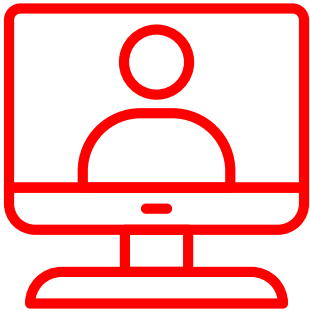
[EC Advisory Committee Meeting Dates](#)

Help Us Grow!



DONATE

*Marin City CDC and
Empowerment Clubhouse
are part of Clubhouse
International's
California Coalition and
growing more clubhouses!
Stay Tuned!*



Online

marincitycdc.org/donatetoday,
select Empowerment Clubhouse
Program



Mail Check To:
Empowerment Clubhouse
441 Drake Avenue, First Floor
Marin City, CA 94965
(415) 339-2843

100% of your donations benefit
the Empowerment Clubhouse's
essential programs and services.

**Thank You for making our
Empowerment Clubhouse Journey
Possible.**



We are growing and need your help!
Please donate today and be part of
our future expansion and change lives.
Please share this with your network.
Stop by for a Tour!

**Contact Us Today
to be a Corporate
Sponsor!**



Established 1979, the Marin City Community Development Corporation (MCCDC), Empowerment Clubhouse auspice agency, is 501(c)(3) nonprofit EIN #94-2657360. Our mission is to enhance social, economic, and climate justice for underserved, marginalized, and low-income people through employment services, mental health, and education.

Special Message from Marin City Community Development Corporation, Auspice Agency for Empowerment Clubhouse.

Thanks to Our Behavioral Health & Healthcare Partners



Marin City Community Development Corporation extends our sincere appreciation to Marin County Behavioral Health and Recovery Services (BHRS), Ritter Center, NAMI Marin, Marin City Health & Wellness Center, MarinHealth Medical Center, Kaiser Permanente, C4DP, Homeward Bound, and the many behavioral health, healthcare, and community service providers who work alongside us to support the people we serve.

Through our intake process, ongoing conversations, outreach, and wraparound services, we have learned that many individuals coming to Marin City CDC had never previously considered their mental health needs, received a behavioral health screening, or connected with mental health services. For some, mental health was simply not something that was openly discussed while growing up, within their families, or in their communities. Others may have experienced symptoms for years without realizing that support was available.

By creating a welcoming environment where people can talk openly about stress, anxiety, depression, trauma, isolation, and other challenges without judgment, we are helping to normalize conversations about mental health and reduce stigma. When Members and clients identify a need or express interest in additional support, Marin City CDC helps connect them with qualified community providers for professional assessment, treatment, counseling, and other appropriate services.

For many individuals, that first conversation can be an important step. Through trusted referrals and partnerships, people who may once have been hesitant to seek help have become more comfortable visiting community providers, learning about their mental health, and receiving the professional support they need.

It's Okay to Check In on Your Mental Health

Mental health is part of overall health. You do not have to wait until you are in crisis to talk with someone. If you have noticed changes in your sleep, mood, motivation, relationships, ability to concentrate, stress level, or enjoyment of everyday life, consider speaking with a qualified healthcare or behavioral health professional.

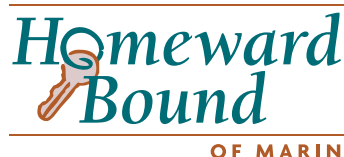
Asking questions is not a weakness—it is an important part of taking care of yourself. Marin City CDC remains committed to creating awareness, opening conversations, connecting people to trusted resources, and helping remove the stigma associated with seeking mental health support.

To all of our community providers: thank you for answering the call, welcoming our referrals, and helping our Members and clients move toward healthier, more connected lives. Thank you for your referrals to our agency and the Empowerment Clubhouse. Most importantly, thank you to our clients served for trusting Marin City CDC and Empowerment Clubhouse to be part of your journey. Your courage, openness, participation, and willingness to take the next step inspire our work every day. We are honored to walk alongside you as you pursue greater wellness, independence, opportunity, and hope.

Thank You Community Partners



Men and Boys Action Team



My Notes



EMPOWERMENT CLUBHOUSE

Fellowship ~ Hope ~ Opportunity ~ Recovery

Serving Marin City and Marin County, California, Since 2017



Marin City Community Development Corporation

501(c)(3) EIN No. 94-2657360

Empowerment Clubhouse

9:00am to 5:00pm

441 Drake Avenue, First Floor

Marin City, CA 94965

Clubhouse (415) 339-2843/CDC (415) 339-2837

Fax (415) 332-0337

marincitycdc.org/empowerment-clubhouse

MARIN CITY

