





October 2026

October is:

- Breast Cancer Awareness Month
- National Book Month
- World Bullying Prevention Month

Lunchtime 1:00pm-1:30pm

(\$1.50 Lunch/Coffee \$0.50 Please Purchase by 11:30am so there is food for all!)

Empowerment Clubhouse

9:00am-5:00pm

441 Drake Avenue, First Floor

Marin City, CA 94965

(415) 339-2843 empowermentclubhouse@marincitycdc.org

WOD 9:30 pm & 1:300pm ZOOM ID 492 524 7798 Password 1234

SUN	MON	TUE	WED	THU	FRI	SAT	
Starting my Week!	Preparation Mondays	Planning & Resources	Wellness Wednesdays	Career & Education	TE/Business/Community Outreach Frudays	Social Saturdays Must RSVP	
- Unit Meetings Every Monday and Friday at 2:00pm - Every Monday-SF Marin Food Bank 10 AM-Every Monday - Every Wednesday-Evening Energy Exchange Group			Check with Units for Key Dates and Activities Community Resource Board and Activity Sign-ups Decision Making Meeting 1st Tuesday of the Month		1	2 World Smile Day Friday Fun Night & Dinner	3 NAMI Walk Social Saturday Virtual Coffee
4 Boost My Week 6pm-7pm Zoom	5 National Be Nice Day! Media Monday	6 Decision Making Day Member ReachOut Testimonial Tuesday	7 Evening Energy Exchange Group	8 Business Outreach Monthly Birthday Cake	9 Friday Group Night	10 World Mental Health Day and 3rd Annual Kits in the Sky RSVP by 10/7/2026!	
11 National Coming Out Day Boost My Week 6pm-7pm Zoom	12 Media Monday	13 Member ReachOut Garden Planning Meeting	14 National Desert Day National Stop Bullying Day Evening Energy Exchange Group	15 EC Café and Store Pod Cast Check-in 3pm Clean-up & Holiday Prep	16 Friday Fun Movie & Dinner Night-RSVP by 10/13/2026	17 Coffee & Good Company Sign-up for location	
18 Boost My Week 6pm-7pm Zoom	19 Media Monday	20 Member ReachOut Project Inspiration-Senior Check-in	21 Evening Energy Exchange Group	22 Business Outreach Google Updates-Bus Unit	23 Wood Polishing Day Carpet Cleaning Project	24 Coffee & Good Company Sign-up for location	
25 Boost My Week 6pm-7pm Zoom	26 Media Monday	27 Member ReachOut	28 Evening Energy Exchange Group National Immigrants Day	29 EC Café and Store Clean-up & Holiday Prep	30 3rd Annual Halloween Treatwalk 11am-3pm RSVP by 10/26/2026	31 HAPPY HALLOWEEN	



HOSPITALITY UNIT

CULINARY, EC CAFÉ & STORE, AND GARDEN

BUSINESS UNITS

OPERATIONS, COMMUNICATIONS & MARKETING, CAREER CORNER, HEALTH & WELLNESS, RECREATION, AND VOLUNTEER

- Work Orders Special Projects-Check with Units
- 2nd Tuesday-Submit Newsletter Stories/Articles/Events
- 3rd Thursday Mail Newsletter Due

- POD Cast Check in Friday 3pm
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- Education Thursdays-Transporation, School, and More!
- End of Month Reports Due by 3rd of every month

- Young Adult Planning-Wed, Thurs, Fri-3pm-5pm
- Check with your Unit for Work Ordered Day Tasks

CLUBHOUSE OPEN EVERY DAY 9:00AM-5:00PM AND ACTIVITIES ON MAJOR HOLIDAYS-CHECK WITH CLUBHOUSE FOR DETAILS.-ZOOM WOD'S 9:30AM AND 2:00PM ID: 492 524 7798 PASSWORD: 1234.

CALENDAR SUBJECT TO CHANGE.