

2026

September

National Suicide Prevention Month

Empowerment Clubhouse

9:00am-5:00pm
441 Drake Avenue, First Floor
Marin City, CA 94965

(415) 339-2843 empowermentclubhouse@marincitycdc.org
WOD 9:30 pm & 1:300pm ZOOM ID 492 524 7798 Password 1234

SUN	MON	TUE	WED	THU	FRI	SAT
Starting my Week!	Preparation Mondays	Planning & Resources	Wellness Wednesdays	Career & Education	TE/Business/Community Outreach Frudays	Social Saturdays Must RSVP
	Marin City Food Pantry 10 AM	1 Safety Training World Letter Writing Day	2 Wellness Check-up's 3:30pm-5:00pm	3	4 Friday Social Game Night Zoom 4pm National Wildlife Day	5 Coffee and Good Company 10:00am-12:00pm
6 Weekly Wrap-Up	7 Labor Day International Literacy	8 Star Trek Day Safety Training	9 Wellness Check-up's 3:30pm-5:00pm	10 Career Corner with Dennis Zoom 11am World Suicide Prevention Day	11 Friday Social Music Night! 4pm Zoom 9/11 Remembrance Day	12 Coffee and Good Company 10:00am-12:00pm National Police Woman Day
13 Career Corner 5-7 Positive Thinking Day	14 Start of Hispanic Heritage Month Marin City Food Pantry 10 AM	15 National Voter Registration Day Safety Training	16 Wellness Check-up's 3:30pm-5:00pm National PlayDough Day	17 Job & Resource FAIR!	18 Friday Social Game Night Zoom 4pm	19 Coffee and Good Company 10:00am-12:00pm
20 Career Corner 5-7	21 Marin City Food Pantry 10 AM World Gratitude Day	22 First Day of Fall Safety Training	23 Wellness Check-up's 3:30pm-5:00pm	24 Birthday Cake Celebration	25 Empowerment Clubhouse Open House 1-4 pm	26 National Family Health Day EC BBQ McNear Beach! RSVP
27 Career Corner 5-7	28 Marin City Food Pantry 10 AM	29 Safety Training	30			

HOSPITALITY UNIT
Culinary, EC Café & Store, and Garden

Business Unit
Operations, Communications & Marketing, Career Corner, Health & Wellness, Recreation, and Volunteer

- Unit Meetings-Mondays and Fridays 2pm
- Work Orders Special Projects-Check with Units
- Event Planning Activities-Check with Inspire & Create and YAP

UNITS ACTIVITIES AND DUE DATES

- 2nd Tuesday Draft and Information
- 3rd Thursday Final Newsletter Due
- 4th Tuesday Mail out Calendar
- POD Cast-Wed, Thurs, Fri
- Education Thursdays-Transporation, School, and More!

- Last Wednesday of Month-All Unit Reports DUE to Business Unit. Final Report DUE 3rd of Month.
- Young Adult Planning-Wed, Thurs, Fri-3pm-5pm

CLUBHOUSE OPEN EVERY DAY 9:00AM-5:00PM AND ACTIVITIES ON MAJOR HOLIDAYS-CHECK WITH CLUBHOUSE FOR DETAILS.-ZOOM WOD'S 9:30AM AND 2:00PM ID: 492 524 7798 PASSWORD: 1234.

CALENDAR SUBJECT TO CHANGE.